



# WITCHCRAFT & METAPHYSICS

## Archetype and Tarot Mini-Ritual

### The Engineer and The Magician

*With the wisdom of The Engineer and The Magician this week being all about connecting with Magic to design solutions, we're going to do a ritual to combine and take in the elements so that they can spark creativity from within us.*

### What you will need:

- A drinking glass
- Some drinkable water
- Some salt
- A lit candle
- A feather

### Process:

- Open your sacred space however you like.
- Invite in your primary helper spirits and ask them to resource you with clearing and protection.
- Now focus on your energetic boundary. Try to really feel this sphere of protection that encircles you. Notice if there are any weak spots and ask your spirit helpers to strengthen this for you.
- Take a pinch of salt and as you put it into the drinking glass, say aloud, "Living Earth, may I attune to your powers."
- Pour some water into the glass and say aloud, "Living Water, may I attune to your powers."
- Pass the glass over the flame of the candle and say aloud, "Living Fire, may I attune to your powers."
- Using the feather, fan air over the top of the glass and say aloud, "Living Air, may I attune to your powers."
- Hold the glass in both hands and close your eyes. Feel the power of the elements in the glass, notice how they amplify now that they have been combined.
- Say aloud, "I allow your powers to generate within me a solution to a problem I've been stuck on."
- Drink the water, paying attention to the fact that you are taking in the sacred elements.
- Stay in a quiet, meditative state for as long as you'd like, listening to the wisdom of the elements within you.
- When you feel complete, offer gratitude and close your space.